

## Herefordshire CCG Homely Remedy Pre-Agreed form 2019/20

<b>Care home name:</b>	
<b>GP practice name:</b>	

**Patient name:**

Herefordshire CCG Prescribing Lead has agreed that a suitably trained senior person on duty at the above named home may administer the medication authorised on this form for the indications stated, at the dose stated and for appropriate patients under the care of a Herefordshire GP.

**This agreement does not remove the requirement that staff involved in the administration of Homely Remedies must ensure that the medicine to be administered is suitable for the resident's particular circumstances at the time of administration.**

<b>GP signature</b>	<i>Dr Paul Harris</i>
<b>Please print name</b>	<b>Dr Paul Harris Herefordshire CCG Prescribing Lead (<i>signature held on CCG file</i>)</b>
<b>Date</b>	<b>1/8/2019</b>
<b>Care home manager/nurse in charge signature</b>	
<b>Please print name</b>	
<b>Date</b>	
<b>Review date:</b>	<b>1/8/2020</b>

**The homely remedy should not be used for longer than 48 hours without seeking medical attention.  
Add the detail to the MAR chart and record the subsequent response by the patient.  
For variable doses document the exact amount given i.e. whether one or two tablets has been administered.**

Product	Indication	Adult dose	Maximum daily dose	Additional information	Notes
Simple indigestion remedy e.g. Magnesium Trisilicate Mixture	For the relief of indigestion	10 – 20mls	THREE times a day after food	Not to be given at same time as other drugs as they impair absorption	
Senna 7.5mg tablets	For the relief of constipation	2 – 4 tablets (usually) at night	4 tablets	May colour urine	
Senna syrup	For the relief of constipation	10 – 20mls (usually) at night	20mls	May colour urine	
Paracetamol 500mg tablets (also caplets & capsules)	For the relief of mild to moderate pain or raised temperature	1 or 2 tablets every 4 to 6 hours, up to a maximum of 8 in 24 hours.	4g (8 tablets) in divided doses	Do not give with other paracetamol containing products. If body weight < 50kg, dose should be reduced to one tablet up to four times a day.	
Paracetamol 250mg/5ml oral suspension	For the relief of mild to moderate pain or raised temperature	10 – 20mls every 4 – 6 hours, maximum of 4 doses in 24 hours.	80mls in divided doses	Do not give with other paracetamol containing products. If body weight < 50kg, dose should be reduced to 10mls up to four times a day.	
Oral rehydration sachets	For treatment of fluid and electrolyte loss associated with acute diarrhoea	One or two reconstituted sachet(s) after each loose motion	20 -40ml/kg	The solution may be refrigerated for up to 24 hours after which it should be discarded.	Consider loperamide 2mg capsules following instructions below*

\*Do not supply if service user has had a previous diagnosis or present infection of C.Diff (clostridium difficile). Persistent diarrhoea will necessitate a stool sample diagnosis.

**Additional comments/instructions**