

Herefordshire Community Continence Appliances and Devices Formulary

Wye Valley NHS Trust 2019

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Introduction

This document forms part of a suite of documents used to provide continence care in the community in line with NICE guidance across NHS Herefordshire. It has been developed with input from primary and secondary care professionals.

A comprehensive continence assessment is required before considering any continence appliance. The emphasis should be on appropriate treatment.

If you have any comments/feedback about this formulary please contact:

- WVT Service Lead Bladder & Bowel Health Team, Gaol Street, Hereford Tel: 01432 378933
- NHS Herefordshire CCG Governance Pharmacist, Medicines Optimisation Team Tel: 01432 261768

Indwelling Urinary Catheters

Catheters should ONLY ever be used as a last resort where all other options such as intermittent self-catheterisation (ISC), intermittent carer catheterisation (ICC), urinary sheaths, incontinence pads, barrier creams etc have been trialled and failed. Catheterisation should not be used as a way of managing urinary incontinence unless significant sacral tissue breakdown is an issue.

Patients should meet one of the **HOUDINI** criteria. If they don't, the catheter should be removed:

Haematuria – only requires catheterisation if in clot retention

Obstruction/retention

Urology surgery

Damaged skin (open sacral/perineal wound in an incontinent patient)

Input/output monitoring

Nursing care at end of life

Immobility due to injury

All indwelling catheters should be removed at the earliest opportunity and clinicians interacting with catheterised patients should clarify why a catheter is still required during all interactions. Where no obvious reason is present the catheter should be removed.

- **WVT/Primary Care uses Bard catheters.** They are made of PTFE, coated latex or silicone
- **PTFE (Bardia)** catheters are short term catheters (up to 28 days) and are only put in in theatre
- **Latex coated (Biocath)** are the standard catheter used everywhere else other than in theatres. They can stay in for up to 12 weeks
- **Silicone catheters (Lubrisil)** should be used in patients with a latex allergy and can stay in for up to 12 weeks
- It states what type of catheter is inserted on the coloured band at the bifurcation
- **Catheter packs** should always be used where available
- **Only standard length catheters** are used across WVT/Primary Care
- **Use the smallest diameter catheter** possible (generally 12 in a female and 14 in a male)
- **The need for ongoing catheterisation** should be established at every catheter change. Patients having ongoing catheter problems such as blocking and bypassing should be referred to the Bladder and Bowel Health Team in line with the Managing Indwelling Catheters policy – managing long term catheters pathway
- **Patient education** about their catheter is essential to reduce the chances of catheter problems
- Patients should be issued with a **Catheter Passport** at the initial insertion and this should be updated following every catheter intervention
- Staff inserting and removing catheters should be competent to do so and have attended a **Catheter Study Day** in the last 3 years

1 Catheterisation Packs

Using a catheterisation pack reduces the incidence of catheter related problems

- The sterile lubricant in the packs should always be used to minimise the risk of trauma and subsequent infections
- All the equipment required is available in one pack reducing the risk of using the wrong equipment
- Choose long or short catheter bag tubing
- The packs promote the use of an aseptic non touch catheterisation technique
- Catheterised patients should always have 1 spare catheter pack at home

Product category	Product name and Reference No. on Order Form	Code & size	Use/review period	Monthly prescription quantity/home stock level	Unit cost*
Catheters	1. Bard Biocath Comprehensive Care Foley Tray	D22655 M 12-16 (Short catheter bag tubing) D22655 L 12-16 (Long catheter bag tubing)	Standard indwelling catheter Change every 12 weeks (10 for suprapubic catheter)	1 tray every 10 weeks (suprapubic) and 12 weeks (urethral)	Each £17.40
	2. Bard Lubrisil Comprehensive Care Foley Tray	D17585 S M 12-16 (short catheter bag tubing) D17585 L 12-16 (long catheter bag tubing)	Silicone indwelling catheter Change every 12 weeks (10 for a suprapubic)		Each £18.37

2 Catheter Valves

- A catheter valve should always be considered as it is preferential to a catheter bag
- The valve joins to the end of the catheter and when closed enables the bladder to fill normally, hence maintaining normal bladder tone which can help increase the chances of a successful TWOC
- Opening the valve allows the bladder to flush as normal and in addition flushes the catheter tubing through
- The valve should be opened when the bladder feels full or every 3-4 hours if bladder sensation is reduced
- Where large volumes of urine are produced overnight a night bag can be joined to the open valve to reduce the need for frequent night waking and emptying
- Where patients are unable to use the valves themselves, possibly due to reduced dexterity or cognitive deficits, a family member or carer in a supported living environment might be able to
- Valves should be changed every 7 days

Product category	Product name and reference no. on order form	Code & size	Use/review period	Monthly prescription quantity/home stock level	Unit cost*
Collection Devices	3. Clinisupplies Prosys catheter valve	PCV3942	Use instead of a catheter bag A night bag can be connected if required Change every 7 days	5 per month (1 box per month)	£9.64 box of 5 Each £1.93

3 Catheter Bags

Day bags

- Have a 500ml capacity
- They can be worn on the thigh or calf depending on patients preference and for ease of emptying
- They should be changed every 7 days

Night bags

- Have a 2000ml capacity
- They should be connected to the day bag
- They should be fixed to a night stand
- They are single use and should be changed daily

Product category	Product name and reference no. on Order form	Code and size	Use/review period	Monthly prescription quantity/home stock level	Unit cost*
Catheter Bags	4. Bard Spirit 500 ml day bag – short tube	DSL500S	Change every 7 days	10 per 2 months (1 pack per 2 months)	£24.20 box of 10 £2.42 each
	5. Bard Spirit 500 ml day bag – long tube	DSL500L	Change every 7 days		£24.20 box of 10 £2.42 each
	6. ProSys non sterile 2000 ml night bag	PSU2	Change every night	30 per month (3 packs per month)	£3.06 box of 10 £0.30 each

4 Lubrication/Catheter Passport

- An inert, non-anaesthetic, non-antimicrobial lubricant should ALWAYS be used to reduce urethral trauma
- All patients discharged home or living in the community should have an ongoing catheter passport

Product Category	Product name and reference no. on the ordering form	Code and size	Use/Review period	Monthly prescription	Unit cost*
Lubrication Catheter Passport	7. OptiLube Sterile lubricating jelly	11 ml prefilled syringe Code 1126	1 with every catheter change (only if not using a catheter pack)	1 syringe with every catheter change	£0.96
	Catheter Passport	Integra PASS1 for those WVT community based staff	1 per patient	Not available on FP10 prescription - local supply arrangement.	£1.00 each

5 Catheter/Catheter Bag Fixation

- The catheter should ALWAYS be fixed with a Statlock
- Ensure barrier creams provided are used ahead of fixing the Statlock and that it alternates between legs with each change
- A catheter bag should be secured using straps (provided in the tray) or a Urisleeve

Product category	Product name and reference no. on the order form	Code & size	Use/review period	Monthly prescription quantity/home stock level	Unit cost*
Catheter Bag Fixing	8. Bard Statlock Catheter Stabiliser	FOL0102DT	Change every 7 days Remove with alcohol hand gel	1 per week 1 box of 5 per month	£13.02 box of 5 Each £2.60
	9. Catheter bag holder Bard Urisleeve	150111 (Small) 150121 (Med) 150131 (Large) 150141 (XL)	Change every 7 days or when soiled Can be washed and re-used	1 box of 4 per 6 months	£8.36 box of 4 Each £2.09

6 Catheter Maintenance Solutions

- There is minimal evidence to support the use of catheter maintenance solution
- They should NEVER be used routinely as solutions can damage the bladder mucosa when used regularly
- For advise please contact the Bladder & Bowel Health Team

Product category	Product name and reference number on the order form	Code and size	Use/review period	Monthly prescription quantity/home stock level	Unit cost
Catheter Maintenance Solutions	10. Optiflo S (0.9% saline) 11. Optiflo G (3.23% citric acid) 12. Optiflo R (9% citric acid)	CSS50 CSG50 CSR50	Short term use only Add to ACUTE prescription record in primary care	If more than 3 bottles for any month contact the Bladder & Bowel Health Team	Each £3.45-£3.66 for 50 ml bottle

7 Urinary Sheaths

- Can provide a helpful alternative to incontinence pads for men with chronic incontinence
- Essential that men are measured accurately to ensure the correct size is used
- Change daily

Product category	Product name and order number on the order form	Code & size	Use/review period	Monthly prescription quantity/home stock level	Unit cost
Urinary Sheath	13. Coloplast sheath Optima (non latex) self sealing Urisheath	21mm 22121 25mm 22125 30mm 22130 35mm 22135	Self-adhesive Ensure correct sizing Change daily Join to a weekly change day bag	1 per day 1 box of 30 per month	£53.07 box of 30 Each £1.77 (March 19)

8 Intermittent Self Catheters

- ISC should be considered ahead of an indwelling catheter and might need to be performed from 1- 4 times a day
- ISD will be required following stricture surgery on an ongoing basis to maintain urethral patency
- Catheters are sterile, lubricated and currently single use

Product category	Product name	Code & size	Use/review period	Monthly prescription quantity/home stock level	Unit cost
Intermittent Self Catheters	14. Female Wellspect Healthcare - Lofric Sense	4161225 (12Ch)	ISC and ISD training provided by the Bladder & Bowel Health Team	Maximum of 4 per day	£48.12 box of 30 Each £1.60
	15. Male Wellspect Healthcare - Lofric Origo	4431225(12Ch) 4431425 (14Ch)			£52.04 box of 30 Each £1.74
	16. Male Bard HydroSil Gripper	73610 FG10 73612 FG12 73614 FG14 73616 FG16 73618 FG18	ISC and ISD training provided by the Bladder & Bowel Health Team	Maximum of 4 per day	£46.05 per 30 Each £1.54 (Mar 2019)
17. Female Bard HydroSil Go Intermittent Catheter	71810 FG10 71812 FG12 71814 FG14 71816 FG16 71818 FG18	£47.67 per 30 Each £1.59 (Mar 2019)			