Information about your Prednisolone tablets for children

Across Herefordshire prescriptions are changing to plain prednisolone tablets instead of soluble tablets. The plain tablets will dissolve.

Depending on the age of the child, the following options are available for administration:

- Dissolve the tablet(s) in a small amount of water or squash
- Crush the tablet(s) and mix with a small amount of soft food, such as yoghurt or jam
- If able to swallow tablets, swallow whole with a drink.

It is recommended to eat something before taking prednisolone, do not take them if your stomach is empty.

If you have any questions about your new tablets, please ask your pharmacist or dispenser.

This change is supported by NHS Herefordshire CCG March 2017